

- Trusted by doctors and pharmacists for over 55 years
- Capsules and Suspension to help your iron needs
- Manufactured in Canada



Palafer®

- For the prevention and treatment of iron deficiency
- Once a day dosing at bedtime on an empty stomach for adults only*
- Available in 30, 90 and 500 capsules



Palafer®

Suspension liquid format (100 mL)

- For the prevention and treatment of iron deficiency
- Once a day dosing
- 0 months – 13 years: take maximum 2 mL (about ½ teaspoon) daily at bedtime or as directed by a physician*
- Adults (>14 years): take 5 mL (about 1 teaspoon) daily at bedtime or as directed by a physician*
- Pleasant tasting cherry flavour



Palafer® cf

Prenatal Supplement (30 capsules)

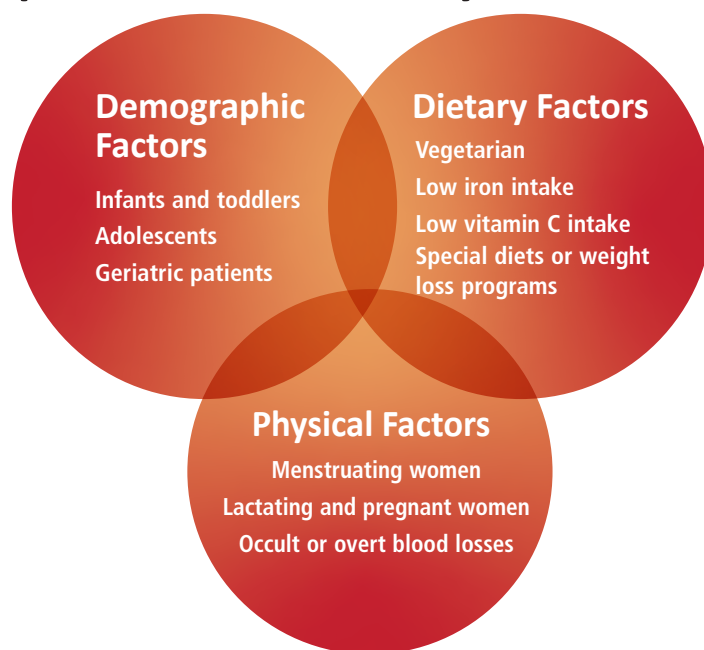
- For the prevention and treatment of iron and folic acid deficiencies
- Includes folic acid to help reduce the risk of neural tube defects when taken daily prior to becoming pregnant and during early pregnancy.
- Once a day dosing at bedtime on an empty stomach for ages (>12 years of age)*

PALAFER	Unit UPC Number	Case UPC	Units per Case	NPN	McKesson Code	K & F Code
Palafer Capsules 90	870944000240	10870944000247	24	NPN 01923420	100112	156922
Palafer Capsules 30	870944000134	10870944000131	75	NPN 01923420	057364	100463
Palafer Capsules 500	870944000158	10870944000155	12	NPN 01923420	130286	100478
Palafer CF Capsules 30	870944000165	10870944000162	72	NPN 01923455	088591	100479
Palafer Suspension 100 mL	870944000189	10870944000186	24	NPN 01923439	36780	100480

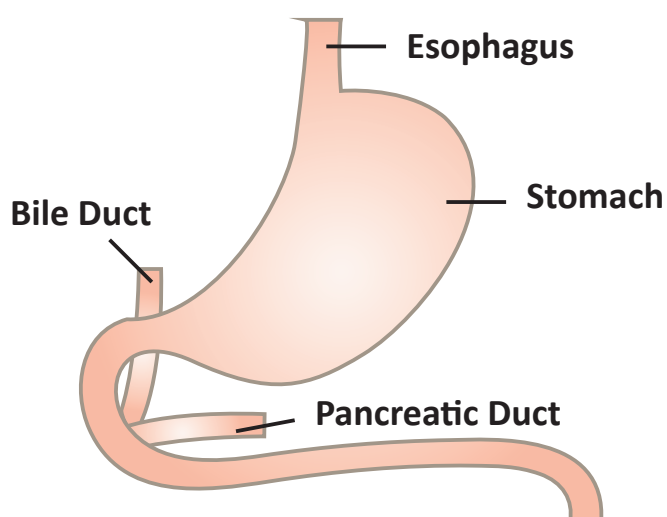
*Take a few hours before or after taking other medications.

Always direct the patient to read and follow the label. If you have any questions about Palafer® products, please call 1-888-843-7239 or visit Palafer.ca

In Canada, populations affected by iron deficiencies vary^{1,2}



For replenishment of iron stores, iron must be absorbed early in the digestive process^{3,4,5}



- Iron enters the stomach via the esophagus^{3,5}
- Nutrients such as vitamin C aid iron absorption early in the digestive tract^{3,5}
- Intestinal mucosal cells in the duodenum and upper jejunum absorb the iron^{3,5}

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1. Fauci AS, et al. (editors) Harrison's Principles of Internal Medicine, 14th Ed. New York: The McGraw-Hill Companies Inc; 1998. p 638-41.

2. Palafer[®]/Palafer[®] cf Product Monograph.

3. Fauci AS, et al. (editors) Harrison's Principles of Internal Medicine, 14th Ed. New York: The McGraw-Hill Companies Inc; 1998. p 1619.

4. Indian Council of Medical Research. Iron absorption and its implications on strategies to control iron deficiency and anemia. 2000, Feb;30(2).

5. Harju E. Clinical pharmacokinetics of iron preparations. Clin Pharmacokinet. 1989 Aug;17(2):69-89.